



### **Tumbling Camp (Boys and Girls ages 7 & up)**

***Monday-Friday 10pm-12pm \$65/week\****

Beginner thru advanced tumblers will improve upon their overall tumbling skills as we emphasize & work on flexibility, technique & safe skill progression.

Students will be broken into groups by skill level, and will rotate through a series of challenging drills, stations and exercises.

***Available week: July 17-21***

### **Team Prep/Technique BootCamp (Boys and Girls ages 7 & up)**

***Monday-Friday 9:30am-3:30pm \$160/week***

Trying out for the HDA competition team or any team soon? This camp is geared toward you, complete with a mock audition at the end of the camp. This camp is for the serious dancer looking to better their technique to strengthen all forms of dance. The camp will include classes in Ballet and drills for bettering your strength and control. Learn lots of technique & style while building confidence. You will be ready to rock your next audition!

***Available week: June 5-9***



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## **HDA Team Audition Camps- Week of July 10th-14th**

Mini Dance Camp (Ages 5-8)

Monday-Friday, 10am-2:30pm \$150/week

Junior Dance Camp (Ages 9-12)

Monday-Friday 9am-3:30pm \$200/week

Senior Dance Camp (Ages 13 & up)

Monday-Friday 9am-4:30pm \$225/week

**Audition will be Friday July 14th**

Please note that all team auditions are now by invitation only.

Invitations will be given out on Thursday (7/13).

Requirements for audition:

1. \$0 Balance on HDA account
2. Enrollment in Auto-Pay for 2017-2018 Season
3. Deposit of \$200 for Costumes for 2017-2018 due by August 15th

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### **Weekly Breakdown of HDA Summer Camps**

**June 5-9**

**Team Prep/Technique BootCamp**

**June 12-16**

**American Girl Camp**

**June 19-23**

**Princess for a Week Camp**

**June 26-June 30**

**TROLLS Dance Camp**

**July 3-7**

**No Camps~Happy 4th of July!**

**July 10-14**

**Team Auditions Camp/Tinkerbell's Adventure Camp**

**July 17-21**

**So You Think You Can Hip-Hop/Tumbling Camp**

**\*Fall Classes start on  
August 7th!\***

For more information visit our website at [www.hdadance.com](http://www.hdadance.com) or give us a call at 615-231-7100.

Hermitage Dance Academy is located at 3441 Lebanon Pike, Suite 130, Hermitage, TN 37076